Influenza, RSV and Other Respiratory Viruses Surveillance Report Week 8 2024 (19th - 25th February 2024)



CII Intensive Care Society of Ireland



This report presents data on the epidemiology of influenza, respiratory syncytial virus (RSV) and other respiratory viruses (ORVs). For further information on the epidemiology of COVID-19, please refer to COVID-19 surveillance <u>reports</u>. Data for this report were extracted on 26/02/2024.

Summary Week 8 2024

Most indicators of influenza activity decreased during week 8 2024, however notified cases, hospitalisations and sentinel GP influenza positivity remained at moderate levels. Influenza A viruses have predominated this season, with A(H3) and A(H1)pdm09 viruses co-circulating. Influenza B viruses are detected at lower levels with a slight increase in recent weeks. It is recommended that antivirals be used for the treatment and prophylaxis of influenza in clinical at-risk groups and in those with severe influenza disease.

- <u>Influenza-like illness (ILI)</u>: The sentinel GP influenza-like illness (ILI) consultation rate was 9.3/100,000 population during week 8 2024, which is below the Irish baseline threshold (18.1/100,000). ILI age specific rates were below the age specific baseline for all age groups during week 8 2024.
- <u>National Virus Reference Laboratory (NVRL)</u>: Of 146 sentinel GP ARI specimens tested and reported by the NVRL during week 8 2024, 38 (26%) were positive for influenza (15 A(H3), eight A(H1)pdm09, three A (not subtyped) and 12 influenza B), one (0.7%) for RSV, three (2.1%) for SARS-CoV-2, and 15 (10.3%) for rhino/enterovirus.
- Of 158 non-sentinel respiratory specimens tested and reported by the NVRL during week 8 2024, 34 (21.5%) were positive for influenza (28 A(H3), two A(H1)pdm09, one A (not subtyped) and three influenza B), four (2.5%) for SARS-CoV-2, none for RSV and six (3.8%) for rhino/enterovirus.
- <u>GP Out of hours (OOHs)</u>: Cough calls comprised 20.1% (2816/14020) of all reported GP OOHs calls during week 8 2024 (above the baseline threshold of 10.8%); 33% (943/2816) of cough calls were in those aged 0-4 years. Flu calls comprised 1.6% (225/14020) of all calls in week 8 2024, which is below the baseline threshold level (2.3%).
- Influenza notifications: 840 laboratory confirmed influenza cases were notified during week 8 2024: 59 A(H3), 21 A(H1)pdm09, 666 A (not subtyped) and 94 B. This is a decrease compared to 922 cases notified during week 7 2024. The highest burden of notifications occurred in those aged 65 years and older at 29% (248/841) of all influenza notifications in week 8 2024.
- <u>**RSV notifications**</u>: 43 RSV cases were notified during week 8 2024, compared to 47 cases during week 7 2024. Age specific notification rates for RSV are low across all age groups.
- <u>Hospitalisations</u>: 170 laboratory confirmed influenza hospitalised case (five A(H3), three A(H1)pdm09, 142 A (not subtyped) and 20 B) were notified in week 8, compared to 197 in week 7 2024. During the 2023/2024 season to date, 3,308 laboratory confirmed influenza hospital inpatients were reported: 281 A(H3), 106 A(H1)pdm09, 2,725 A (not subtyped), 194 B and two A and B coinfections. RSV hospitalisations remained at low levels during week 8 2024, 18 laboratory confirmed RSV hospitalised cases were notified, compared to 14 cases in week 7 2024. For the 2023/2024 season to date, 3,210 RSV hospitalisations were reported.
- <u>Intensive care admissions</u>: Three laboratory confirmed influenza cases were admitted to intensive care unit (ICU) and notified to HPSC during week 8 2024. For the season to date, 88 influenza ICU cases (25 A(H3), 12 A(H1)pdm09 and 51 A (not subtyped)) have been notified.
- Mortality: There were two deaths in notified influenza cases reported to HPSC during week 8 2024. For the season to date, 124 deaths were reported 28 A(H3), nine A(H1)pdm09 and 87 A (not-subtyped).
- **Outbreaks:** During week 8 2024, 10 influenza outbreaks (seven nursing homes and three acute hospitals) and one RSV outbreak in a nursing were reported to HPSC.
- <u>International</u>: In the EU/EEA during week 7 2024, while there is variation across the region, influenza activity remained at high levels. RSV continues to circulate but has declined in recent weeks.

1. GP consultations for influenza-like illness - GP sentinel surveillance system

- During week 8 2024, 78 sentinel GP influenza-like illness (ILI) consultations were reported from the Irish sentinel GP network, corresponding to an ILI consultation rate of 9.3 per 100,000 population which is below the sentinel GP ILI baseline threshold (18.1/100,000 population) and below expected levels this season. This is compared to an updated rate of 7.5 per 100,000 population during week 7 2024 (Figure 1).
- Of the 98 GP practices in the Irish sentinel GP network, 93 reported clinical consultation data during week 8 2024. 37 GPs reported on ILI consultations.
- Age specific ILI consultation rates were below the age specific baseline thresholds in all age groups during week 8 2024 (Figure 2, Table 1).
- The Irish sentinel baseline ILI threshold for the 2023/2024 influenza season is 18.1 per 100,000 population. ILI rates above this baseline threshold combined with sentinel GP influenza positivity >10% indicate the likelihood that influenza is circulating in the community. The Moving Epidemic Method (MEM) is used to calculate thresholds for GP ILI consultations in a standardised approach across Europe. The baseline ILI threshold (18.1/100,000 population), low (57.5/100,000 population), medium (86.5/100,000 population) and high (103.6/100,000 population) intensity ILI thresholds are shown in Figure 1. The age specific baseline threshold for those aged <15 is 17.1/100,000, for those aged 15-64 is 12.6/100,000 and for those aged ≥65 years is 11.6/100,000.

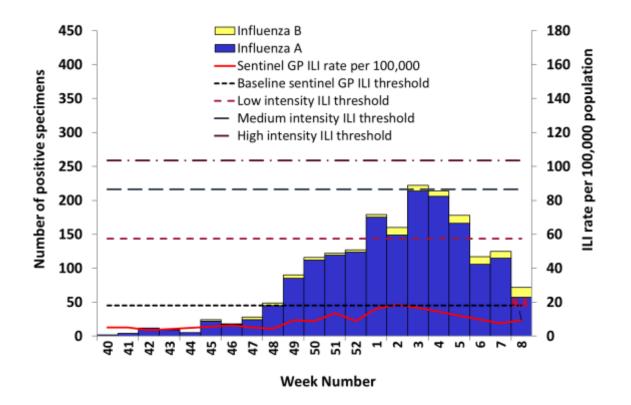
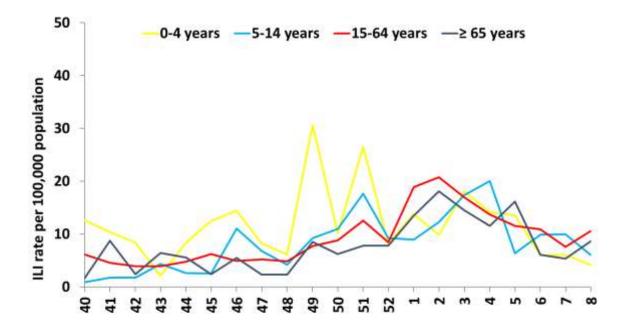


Figure 1: Sentinel GPInfluenza-like illness (ILI) consultation rates per 100,000 population, baseline, low, medium and high intensity ILI thresholds and number of positive influenza A and B specimens tested by the NVRL, by influenza week for the 2023/2024 season. Source: ICGP and NVRL



Week of Consultation

Figure 2: Age specific sentinel GP **ILI consultation** rate per 100,000 population by week (week 40 2023 to week 8 2024). *Source: ICGP.*

Table 1: Age specific sentinel GP **ILI consultation** rate per 100,000 population by week (week 40 2023 to week 8 2024), colour coded by sentinel GP ILI age specific Moving Epidemic Method (MEM) threshold levels. *Source: ICGP.*

MEM Th	reshol	ld Lev	/els		Belo	w Bas	eline		Low		Mo	dera	te		Hig	h.		Extra	aordi	nary	
										2023/20	024										
Age group (years)	40	41	42	43	44	45	46	47	48	49	50	51	52	1	2	3	4	5	6	7	8
All Ages	5.1	5.1	3.6	4.3	4.8	5.5	6.4	5.2	4.5	9.4	8.8	13.5	8.9	16.4	18.5	16.7	14.4	12.0	9.7	7.5	9.3
<15 yrs	4.0	4.0	3.4	3.4	4.0	5.1	11.2	6.7	4.4	14.4	10.0	18.8	8.3	9.6	10.7	16.4	17.0	7.9	8.1	8.2	5.1
15-64 yrs	6.1	4.6	3.9	3.9	4.8	6.2	4.9	5.2	4.9	7.7	8.8	12.6	8.4	18.9	20.7	17.0	13.7	11.6	10.9	7.6	10.6
≥65 yrs	1.6	8.7	2.4	6.4	5.6	2.4	5.5	2.3	2.3	8.5	6.2	7.8	7.8	13.5	18.1	14.5	11.5	16.2	6.1	5.4	8.7
Reporting practices (N=98)	92	94	92	90	92	93	94	96	95	96	95	97	97	96	95	94	93	97	96	97	93

2. Influenza and Other Respiratory Virus Detections - NVRL

The data reported in this section for the 2023/2024 influenza season refers to sentinel GP ARI and non-sentinel respiratory specimens routinely tested for influenza, SARS-CoV-2, respiratory syncytial virus (RSV), adenovirus, parainfluenza virus types 1-4 (PIV-1-4), human metapneumovirus (hMPV) and rhino/enteroviruses by the National Virus Reference Laboratory (NVRL) (Tables 2 & 3, Figure 3a, 3b, 4).

- A lag time with testing and reporting is noted for the most recent surveillance week.
- During week 8 2024, of 146 sentinel GP ARI specimens tested and reported by the NVRL, 38 (26%) were positive for influenza (15 A(H3), eight A(H1)pdm09, three A (not subtyped) and 12 influenza B), one (0.7%) for RSV, three (2.1%) for SARS-CoV-2, and 15 (10.3%) for rhino/enterovirus.
- In comparison during week 7 2024, of 176 sentinel GP ARI specimens tested and reported by the NVRL, 54 (30.7%) were positive for influenza (32 A(H3), 11 A(H1)pdm09, two A (not subtyped) and nine B), one (0.6%) for RSV, six (3.4%) for SARS-CoV-2, and 20 (11.4%) for rhino/enterovirus.
- For the 2023/2024 season to date (week 40 2023 to week 8 2024), of 3,289 sentinel GP ARI specimens tested and reported by the NVRL, 672 (20.4%) were positive for influenza (390 A(H3), 172 A(H1)pdm09, 39 A (not subtyped) and 71 influenza B), 257 (7.8%) for RSV, 215 (6.5%) for SARS-CoV-2, and 495 (15.1%) for rhino/enterovirus (Table 4).
- During week 8 2024, of 158 non-sentinel respiratory specimens tested and reported by the NVRL, 34 (21.5%) were positive for influenza (28 A(H3), two A(H1)pdm09, one A (not subtyped) and three influenza B), four (2.5%) for SARS-CoV-2, none for RSV and six (3.8%) for rhino/enterovirus.
- During week 7 2024, of 275 non-sentinel respiratory specimens tested, 71 (25.8%) were positive for influenza (56 A(H3), 11 A(H1)pdm09, three A (not subtyped), and one B), 16 (5.8%) for SARS-CoV-2, two (0.7%) for RSV, and 21 (7.6%) for rhino/enterovirus (Figure 3b).
- For the 2023/2024 season to date (week 40 2023 to week 8 2024), of 5,220 non-sentinel respiratory specimens tested and reported by the NVRL, 1,202 (23.0%) were positive for influenza (812 A(H3), 310 A(H1)pdm09, 45 A (not subtyped) and 35 influenza B), 276 (5.3%) for RSV, 375 (7.2%) for SARS-CoV-2, and 485 (9.3%) for rhino/enterovirus (Table 5).
- Other respiratory viruses (ORVs) are being detected at lower levels (Figure 3a and 3b).
- Of 1,874 sentinel GP ARI specimens and non-sentinel specimens positive for influenza and reported by the NVRL during the 2023/2024 season, 117 (6.2%) were coinfected with other viruses.

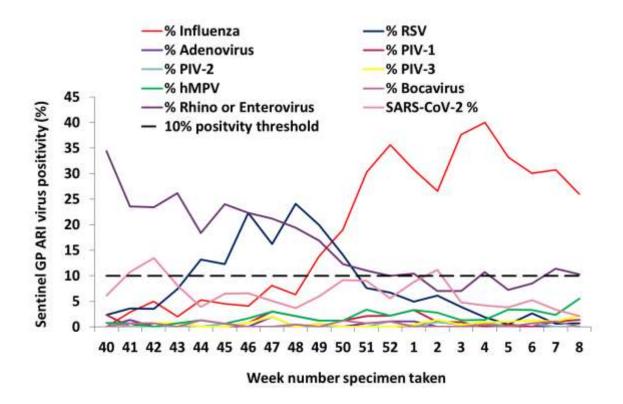


Figure 3a: Percentage positive results for **sentinel GP ARI** specimens tested by the NVRL for influenza, SARS-CoV-2, RSV and other respiratory viruses by week specimen was taken for the 2023/2024 season. *Source: NVRL*

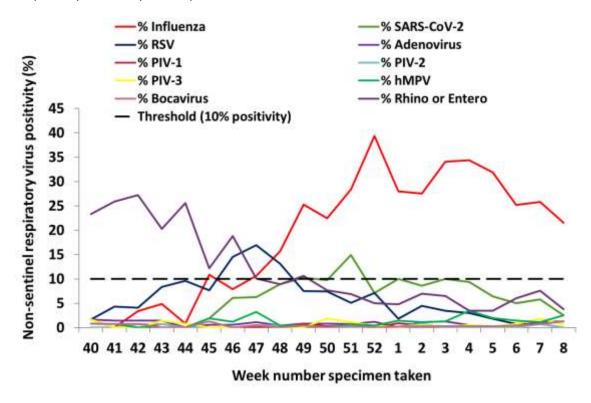


Figure 3b: Percentage positive results for **non-sentinel respiratory** specimens tested by the NVRL for influenza, SARS-CoV-2, RSV and other respiratory viruses by week specimen was taken for the 2023/2024 season. *Source: NVRL*

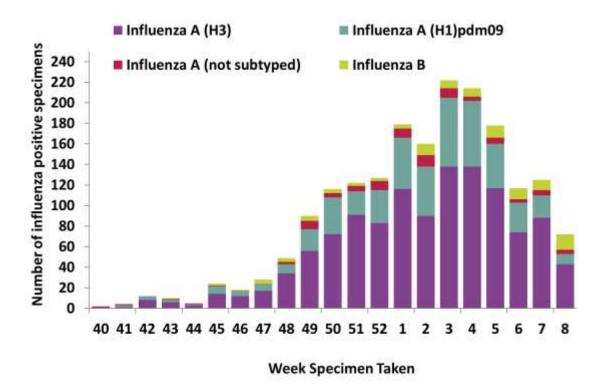


Figure 4: Number of positive **influenza** specimens (from sentinel GP ARI and non-sentinel respiratory sources) tested by the NVRL by influenza type/subtype and by week specimen was taken for the 2023/2024 season. *Source: NVRL*

Table 2: Number of sentinel GP ARI and non-sentinel respiratory specimens tested by the NVRL and positive **influenza** results, overall and by influenza type and subtype, for week 7 and week 8 2024, and the 2023/2024 Season. *Source: NVRL*

			Number			Influ	Jenza A		Influenza B				
Surveillance period	Specimen type	Total tested	influenza positive	% Influenza positive	A(H1)pdm09	A(H3)	A (not subtyped)	Total influenza A	B (unspecified)	B Victoria lineage	B Yamagata lineage	Total influenza B	
	Sentinel GP ARI	146	38	26.0	8	15	3	26	12	0	0	12	
Week 8 2024	Non-sentinel respiratory	158	34	21.5	2	28	1	31	3	0	0	3	
	Total	304	72	23.7	10	43	4	57	15	0	0	15	
	Sentinel GP ARI	176	54	30.7	11	32	2	45	9	0	0	9	
Week 7 2024	Non-sentinel respiratory	275	71	25.8	11	56	3	70	1	0	0	1	
	Total	451	125	27.7	22	88	5	115	10	0	0	10	
	Sentinel GP ARI	3289	672	20.4	172	390	39	601	71	0	0	71	
2023/2024	Non-sentinel respiratory	5220	1202	23.0	310	812	45	1167	27	8	0	35	
	Total	8509	1874	22.0	482	1202	84	1768	98	8	0	106	

Table 3: Number of sentinel GP ARI and non-sentinel respiratory specimens tested by the NVRL and positive **RSV** results, overall and by RSV type, for week 7 and week 8 2024, and the 2023/2024 Season. *Source: NVRL*

Surveillance period	Specimen type	Total tested	Number RSV positive	% RSV positive	RSV A	RSV B	RSV (unspecified)
	Sentinel GP ARI	146	1	0.7	0	1	0
Week 8 2024	Non-sentinel	158	0	0.0	0	0	0
	Total	304	1	0.3	0	1	0
	Sentinel GP ARI	176	1	0.6	1	0	0
Week 7 2024	Non-sentinel	275	2	0.7	2	0	0
	Total	451	3	0.7	3	0	0
	Sentinel GP ILI/ARI	3289	257	7.8	192	65	0
2023/2024	Non-sentinel	5220	276	5.3	213	63	0
	Total	8509	533	6.3	405	128	0

Table 4: Number and percentage positive sentinel GP ARI specimens by **respiratory virus**, week 7 and week 8 2024, and the 2023/2024 season. *Source: NVRL*

Virus	Week 8 202	24 (N=146)	Week 7 20	24 (N=176)	2023/2024	4 (N=3289)
Virus	Total positive	% positive	Total positive	% positive	Total positive	% positive
SARS-CoV-2	3	2.1	6	3.4	215	6.5
Influenza virus	38	26.0	54	30.7	672	20.4
Respiratory Syncytial Virus (RSV)	1	0.7	1	0.6	257	7.8
Rhino/enterovirus	15	10.3	20	11.4	495	15.1
Adenovirus	0	0.0	0	0.0	10	0.3
Bocavirus	0	0.0	2	1.1	13	0.4
Human metapneumovirus (hMPV)	8	5.5	4	2.3	67	2.0
Parainfluenza virus type 1 (PIV-1)	2	1.4	2	1.1	37	1.1
Parainfluenza virus type 2 (PIV-2)	0	0.0	0	0.0	9	0.3
Parainfluenza virus type 3 (PIV-3)	3	2.1	2	1.1	23	0.7
Parainfluenza virus type 4 (PIV-4)	0	0.0	0	0.0	41	1.2

Table 5: Number and percentage positive non-sentinel respiratory specimens, by **respiratory virus**, week 7 and week 8 2024, and the 2023/2024 season. *Source: NVRL*

Virus	Week 8 20	24 (N=158)	Week 7 20	24 (N=275)	2023/2024 (N=5220)		
Virus	Total positive	% positive	Total positive	% positive	Total positive	% positive	
SARS-CoV-2	4	2.5	16	5.8	375	7.2	
Influenza virus	34	21.5	71	25.8	1202	23.0	
Respiratory Syncytial Virus (RSV)	0	0.0	2	0.7	276	5.3	
Rhino/enterovirus	6	3.8	21	7.6	485	9.3	
Adenovirus	2	1.3	3	1.1	41	0.8	
Bocavirus	2	1.3	2	0.7	18	0.3	
Human metapneumovirus (hMPV)	4	2.5	3	1.1	64	1.2	
Parainfluenza virus type 1 (PIV-1)	2	1.3	2	0.7	18	1.2	
Parainfluenza virus type 2 (PIV-2)	0	0.0	2	0.7	11	0.2	
Parainfluenza virus type 3 (PIV-3)	1	0.6	5	1.8	31	0.6	
Parainfluenza virus type 4 (PIV-4)	0	0.0	0	0.0	26	0.5	

3. Influenza genetic characterisation data

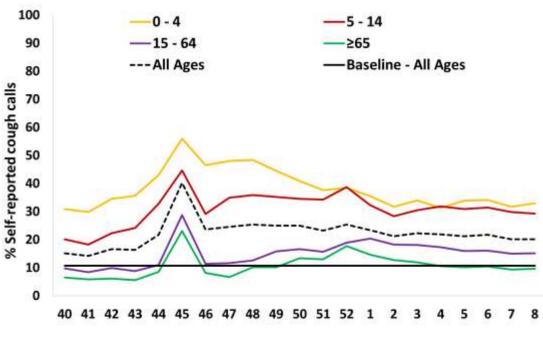
- The National Virus Reference Laboratory (NVRL) conducted genetic characterisation on 84 influenza positive cases detected between week 40 2023 and week 2 2024. This included 70 nonsentinel respiratory samples and 14 sentinel GP ARI samples. Of these, 55 were positive for influenza A(H3), 26 A(H1)pdm09 and three influenza B/Victoria viruses.
- Globally, all A(H1N1)pdm09 viruses detected recently descend from the 6B.1A.5a clade and therefore, new nomenclature has been introduced which drops the prefix 6B.1A. Clade 5a has split into two antigenically distinct clusters: Clade 5a.1 carries amino acid substitutions D187A, Q189E and is represented by the northern hemisphere 2020-2021 vaccine virus A/Guangdong-Maonan/SWL1536/2019 and Clade 5a.2 viruses carries amino acid substitutions K130N, N156K, A187D, L161I and V250A and is represented by the 2021/2022 and2022/2023 northern hemisphere and 2021/2022 southern hemisphere vaccine virus A/Victoria/2570/2019.
- In Ireland the hemagglutinin genes of influenza A(H1)pdm09 viruses characterised (n=26) since week 40 2022 were all attributed to clade 5a.2a of which 13 (50%) was represented by A/Sydney/5/2021 and 13 (50%) of which clustered with 5a.2a.1 virus represented by AH1/Wisconsin/67/2022 virus. A/Sydney/5/2021 group carries the same amino acid substitutions as the A/Victoria/2570/2019 group but with additional HA1 K54Q, D94N, A186T, Q189E, E224A, R259K, T261A and K308R substitutions and AH1/Wisconsin/67/2022 carrying P137S, K142R, D260E and T277A substitutions in the haemagglutinin.
- Globally recent antigenic analysis of viruses collected post-September 2023 found most viruses within subclades 5a.2a and 5a.2a.1 were effectively inhibited by post-ferret antisera raised against the 2024 Southern Hemisphere and 2023/2024 Northern Hemisphere influenza vaccine strains. This includes all Irish influenza A(H1)pdm09 viruses sequenced, which fall into these subclades, indicating that these strains are well protected by the current influenza vaccines for both the Southern and Northern Hemisphere seasons.
- Worldwide, all A(H3) viruses detected recently belong to clade 3C.2a1b.2a which has split into two clades, 3C.2a1b.2a.1 and 3C.2a1b.2a.2. The new nomenclature drops the prefix 3C.2a1b.2a, renaming these clades as 1 and 2. In particular, clade 2 has evolved further into clade 2a carrying Y159N, T160I (-CHO), L164Q, N171K, S186D, D190N, P198S with an additional H156S amino acid substitution and represented by A/Darwin/9/2021 virus which was recommended for use 2022/2023 northern hemisphere vaccine composition. Clade 2a viruses have further evolved into subclades 2a.1, 2a.2, and 2a.3. In particular clades 2a.3a and 2a.3a.1 have been circulating in Europe since the beginning of this year's influenza season. 2a.3a viruses carry an amino acid substitution E50K and is represented by A/Finland/402/2023 virus, while 2a.3a.1 virus carry additional I140K, I223V amino acid substitutions and are represented by the A/Thailand/8/2022 virus.

- Among the A(H3) viruses n=55 characterised in Ireland up to week 2 2024, all were attributed to clade 2a.3a.1, represented by the A/Thailand/8/2022 virus and contained the signature amino acid substitutions characterised by this clade. The 2023/2024 Northern Hemisphere influenza vaccine strains effectively recognized many clade 2 viruses but showed reduced effectiveness against viruses with HA genes from subclades 2a.3a.1 such as A/Thailand/8/2022 virus which were observed in Ireland.
- In recent months, the influenza B/Victoria virus landscape has primarily consisted of viruses from clade V1A.3a.2, characterised by a set of signature amino acid substitutions and represented by the B/Austria/1359417/2021 virus the recommended vaccine virus for Northern and southern hemisphere. Additionally, there have been several notable subclades of the influenza B virus, each identified by unique amino acid substitutions that contribute to the genetic diversity of the virus, such as the B/Connecticut/01/2021, B/Catalonia/2279261NS/2023, and B/Moldova/2030521/2023 viruses.
- In Ireland, all three characterised influenza B/Victoria viruses up to week 48 were classified under clade V1A.3a.2, represented by B/Catalonia/2279261NS/2023 virus and characterised by its key amino acid substitutions of D197E and E183K. Antigenic analysis showed that the ferret antisera produced for the B/Austria/1359417/2021-like vaccines, designed for the 2024 Southern Hemisphere and the 2023/2024 Northern Hemisphere influenza seasons, effectively neutralized these V1A.3a.2 subclade viruses, confirming the vaccine's protection against these currently circulating strains.
- Genetic characterisation suggests that the current vaccine will protect against the influenza A(H1)pdm09 viruses circulating in Ireland, however there may be reduced effectiveness against A(H3) viruses.

4. GP Out-Of-Hours Surveillance

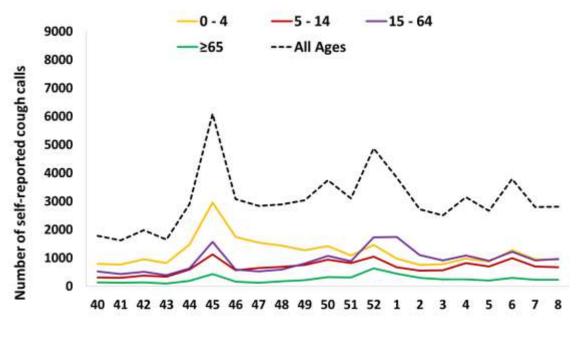
National data on calls to GP Out-of-Hours services in Ireland are collated by HPSC. Five out of 14 Out-of-Hours GP services currently participate in this programme. Records of calls with clinical symptoms self-reported as 'flu' or 'cough' are included in the analysis. This information may act as an early indicator of circulation of influenza viruses, SARS-CoV-2, or other respiratory viruses.

- Five of five participating GP OOH services provided data for week 8 2024.
- Out of a total of 14,020 calls made to the participating GP OOHs in week 8 2024:
 - 2,816 (20.1%) were for self-reported 'cough', which is above the baseline threshold of 10.8% for cough calls and is stable compared to the percentage of cough calls (20.1%) reported in week 7 2024 (Figures 5 and 6). The greatest burden of cough calls was in those aged 15-64 years at 34% (971/2816).
 - 225 (1.6%) were for self-reported 'flu', which is below the baseline threshold of 2.3% for 'flu' calls (Figures 7 and 8). This is stable compared to 1.4% 'flu' calls made in week 7.



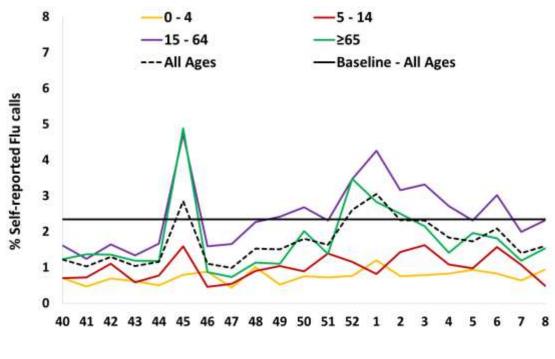
Week of Call to GP OOHs Service





Week of Call to GP OOHs Service

Figure 6: Number of self-reported **COUGH** calls for all ages and by age group to GP Out-of-Hours services by week of call for the 2023/2024 season. *Source: GP Out-Of-Hours services in Ireland (collated by HSE & ICGP).*



Week of Call to GP OOHs Service

Figure 7: Percentage of self-reported **FLU** calls for all ages and by age group as a proportion of total calls to GP Outof-Hours services by week of call for the 2023/2024 season. The baseline % flu calls for all ages calculated using the MEM method on historic data is shown. *Source: GP Out-Of-Hours services in Ireland (collated by HSE & ICGP)*

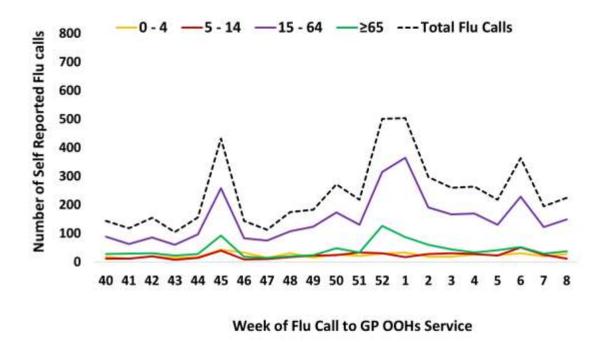


Figure 8: Number of self-reported **FLU** calls for all ages and by age group to GP Out-of-Hours services by week of call for the 2023/2024 season. *Source: GP Out-Of-Hours services in Ireland (collated by HSE & ICGP).*

5. Influenza & RSV notifications

Influenza and RSV case notifications are reported on Ireland's Computerised Infectious Disease Reporting System (CIDR), including all laboratory-confirmed influenza/RSV specimens reported from all laboratories testing for influenza/RSV. Influenza and RSV notifications are reported in the <u>Weekly Infectious Disease Report for Ireland</u>.

- 840 laboratory confirmed influenza cases were notified during week 8 2024 (Table 6); corresponding to an overall notification rate of 16/100,000 population: 59 A(H3), 21 A(H1)pdm09, 666 A (not subtyped) and 94 B. This is a decrease compared to 922 cases notified during week 7 2024 (Figure 10).
- 13,441 laboratory confirmed influenza cases were notified for the 2023/2024 season to date (week 40 2023 to week 8 2024): 1,447 A(H3), 592 A(H1)pdm09, 10,582 A (not subtyped), 812 B and eight influenza coinfections.
- Notification rates decreased among all age groups during week 8 2024 (Figure 11). Age specific influenza notification rates were highest in the 0–4-year age group at 33.5/100,000 population, followed by those aged 65 years and older at 31.9/100,000 during week 8 2024.
- The greatest burden of notifications occurred in those aged 65 years and older at 30% (248/840) of all influenza notifications in week 8 2024.
- Influenza notification rates were highest in the Dublin and North-East health region at 25.9/100,000 population (Table 6) during week 8 2024, with notifications from this region accounting for 37% of all notifications (307/840).
- RSV notifications continued to decline with 43 cases notified during week 8 2024, compared to 47 cases during week 7 2024 (Figure 12).
- 7,639 RSV notifications have been reported for the 2023/2024 season to date.
- Age specific notification rates for RSV are low in all age groups (Figure 13). Notifications in those aged 65 years and older accounted for 37% (16/43) of all RSV notifications in week 8 2024.
- RSV notification rates were low across all regions (Table 7).

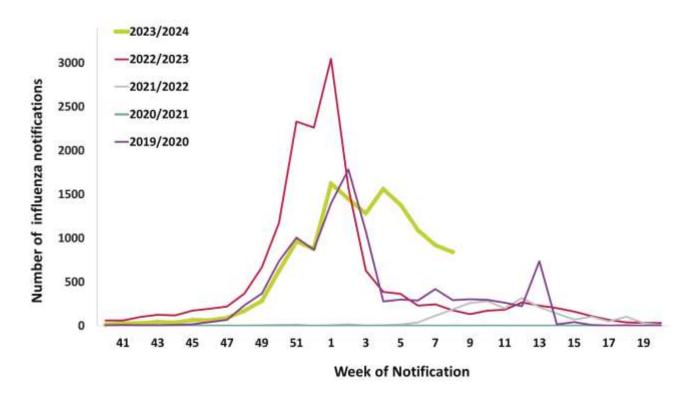


Figure 9: Number of laboratory confirmed **Influenza** notifications to HPSC by week of notification, 2019/2020 to 2023/2024 seasons. *Source: Ireland's Computerised Infectious Disease Reporting System*

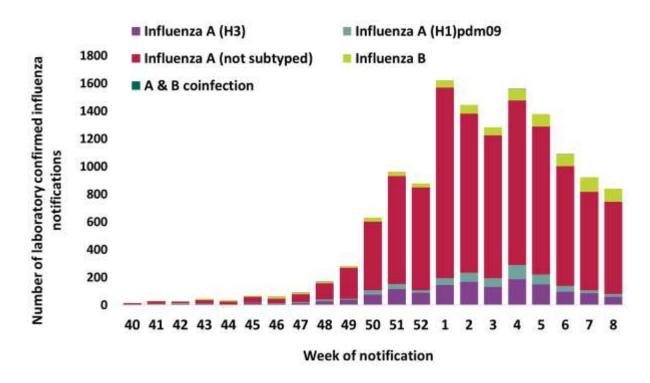


Figure 10: Number of laboratory confirmed **influenza** notifications by influenza type/subtype and week for the 2023/2024 season. *Source: Ireland's Computerised Infectious Disease Reporting System*

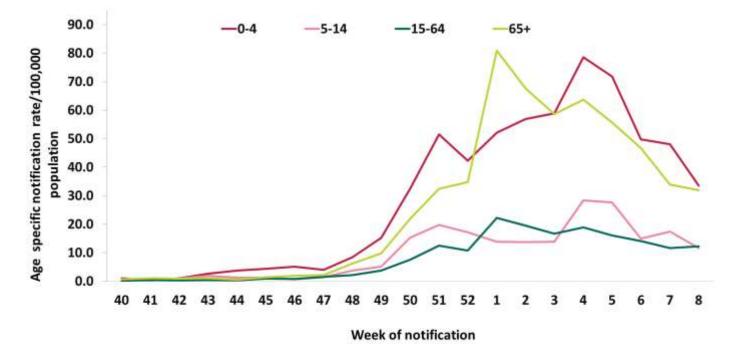


Figure 11: Age specific rates/100,000 population of laboratory confirmed **influenza** notifications to HPSC by week of notification for the 2023/2024 season. *Source: Ireland's Computerised Infectious Disease Reporting System.*

Table 6: Number and rate per100,000 population of laboratory confirmed influenza notifications by HSE HealthRegion for week 8 2024 and the 2023/2024 season to date. Source: CIDR

	Week	8 2024	2023/2024 season (Week 40 2023 - Week 8 2024)
HSE Health Region	Number	Rate/100,000 population	Number	Rate/100,000 population
Dublin and North East	307	25.9	3156	265.9
Dublin and Midlands	177	16.4	2435	226.0
Dublin and South East	160	16.5	2297	236.5
South West	60	8.1	1905	257.2
Mid West	60	14.5	723	175.0
West and North West	76	10.0	2922	384.6
Unknown	0		3	
Total	840	16.3	13441	261.0

Table 7: Number and rate/100,000 population of laboratory confirmed **RSV** notifications by HSE Health Region for week 8 2024 and the 2023/2024 season to date. *Source: CIDR*

		Week 8 2024	2023/2024 season	(Week 40 2023 - Week 8 2024)
HSE Health Region	Number	Rate/100,000 population	Number	Rate/100,000 population
Dublin and North East	6	0.5	1483	124.9
Dublin and Midlands	6	0.6	1627	151.0
Dublin and South East	8	0.8	1129	116.3
South West	6	0.8	940	126.9
Mid West	6	1.5	630	152.5
West and North West	11	1.4	1830	240.9
Total	43	0.8	7639	148.4

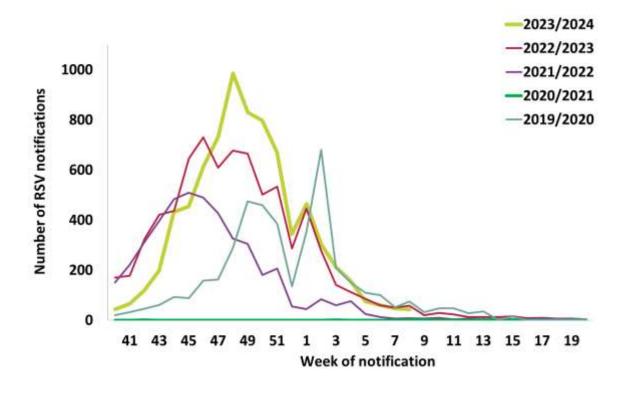


Figure 12: Number of laboratory confirmed **RSV** notifications to HPSC by week of notification, 2019/2020 to 2023/2024 seasons. *Source: Ireland's Computerised Infectious Disease Reporting System.*

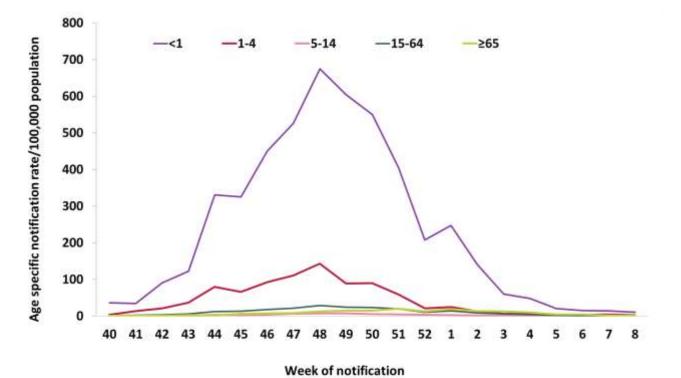
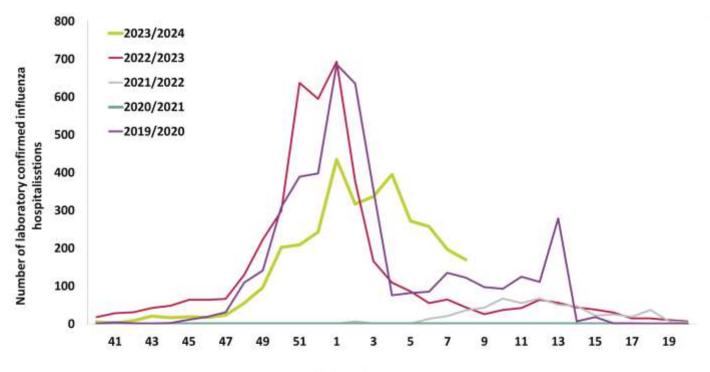


Figure 13: Age specific rates/100,000 population for laboratory confirmed **RSV** notifications to HPSC by week of notification for the 2023/2024 season. *Source: Ireland's Computerised Infectious Disease Reporting System*.

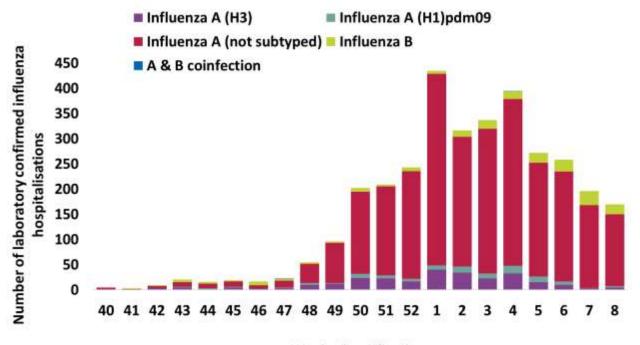
6. Hospitalisations

- During week 8 2024, the number of notified laboratory confirmed influenza hospital inpatients decreased to 170 (five A(H3), three A(H1)pdm09, 142 A (not subtyped) and 20 B), compared to 197 in week 7 2024. (Figure 15).
- During the 2023/2024 season to date, 3,308 laboratory confirmed influenza hospital inpatients were reported: 281 A(H3), 106 A(H1)pdm09, 2,725 A (not subtyped), 194 B and two A and B coinfections.
- During week 8 2024, the age specific influenza hospitalisation rates are declining in all age groups, most notably in the 0-4 year age group (Figure 16). Of all hospitalisations in week 8, 45% (77/170) occurred in those aged 65 years and older (Table 8).
- RSV hospitalisations remained at low levels during week 8 2024, 18 laboratory confirmed RSV hospitalised cases were notified, compared to 14 cases in week 7 2024 (Figure 17).
- 3,210 RSV hospitalisations were reported for the 2023/2024 season to date. The age specific RSV hospitalisation rates are low in all age-groups (Figure 18 and Table 10).
- The number of laboratory confirmed influenza and RSV notifications by patient type and week for the 2023/2024 season are reported in Tables 9 and 11.



Week of Notification

Figure 14: Number of notified **influenza** hospital inpatients, by week of notification and season, for the 2019/2020 to 2023/2024 seasons. *Source: Ireland's Computerised Infectious Disease Reporting System.*



Week of notification

Figure 15: Number of notified laboratory confirmed **influenza** hospital inpatients by influenza type/subtype by week for the 2023/2024 season. *Source: Ireland's Computerised Infectious Disease Reporting System.*

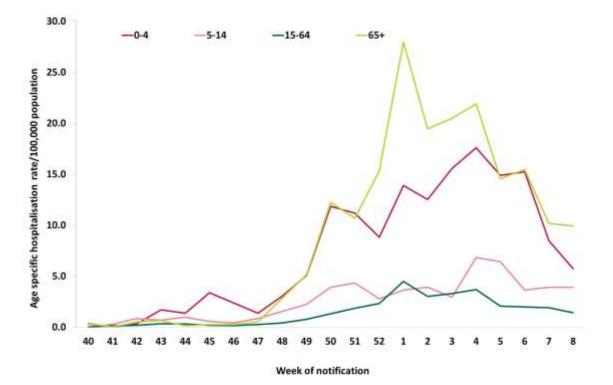


Figure 16: Age specific rates/100,000 population for laboratory confirmed **influenza** cases reported as **hospital inpatients** by week of notification for the 2023/2024 season. *Source: Ireland's Computerised Infectious Disease Reporting System.*

Table 8: Number, percentage and rate per100,000 population of notified laboratory-confirmed influenzahospitalised cases notified in week 8 2024 and the 2023/2024 season (week 40 2023 onwards). Source: Ireland'sComputerised infectious Disease Reporting System

100000		Hospitalised (Week 8)	Season to date (Week 40 2023 - Week 8 2024)					
Age (years)	Number	% of all Hospitalisations	Rate/ 100,000 population	Number	% of all Hospitalisations	Rate/ 100,000 population			
<1	3	1.8	5.2	96	2.9	166.1			
1-4	14	8.2	5.9	366	11.1	154.0			
5-14	28	16.5	3.9	388	11.7	54.1			
15-24	5	2.9	0.8	133	4.0	20.6			
25-34	11	6.5	1.8	189	5.7	30.1			
35-44	8	4.7	1.0	214	6.5	26.9			
45-54	5	2.9	0.7	166	5.0	23.3			
55-64	19	11.2	3.3	286	8.6	49.3			
≥65	77	45.3	9.9	1470	44.4	189.4			
Total	170	100	3.3	3308	100	64.2			

Table 9: Number of notified laboratory-confirmed **influenza** cases by patient type and week of notification2023/2024 season (week 40 2023 onwards). Source: Ireland's Computerised infectious Disease Reporting System

				Patient Typ	e			
	GP Patient	ED patient	Hospital Inpatient	Hospital Day Patient	Hospital Outpatient	Other	Unknown	Total
Week 8	41	423	170	4	26	7	169	840
Week 7	91	407	197	9	57	30	131	922
Week 6	75	546	257	9	71	18	114	1090
Week 5	130	646	273	8	50	30	242	1379
Week 4	138	685	397	12	82	47	201	1562
Week 3	118	593	340	16	49	33	134	1283
Week 2	111	803	318	17	55	30	110	1444
Week 1	96	815	434	14	73	28	164	1624
Week 52	56	453	244	11	33	14	66	877
Week 51	66	536	213	8	52	13	75	963
Week 50	40	311	202	5	35	3	35	631
Week 49	11	138	96	1	16	7	13	282
Week 48	19	64	55	1	11	4	14	168
Week 47	9	39	23	1	9	2	7	90
Week 46	8	28	16	0	5	1	5	63
Week 45	9	26	19	0	6	4	2	66
Week 44	2	15	16	1	1	0	1	36
Week 43	8	16	21	0	0	0	1	46
Week 42	8	9	9	0	1	0	1	28
Week 41	6	15	3	1	2	0	2	29
Week 40	0	6	5	0	3	0	0	14
Total	1042	6574	3308	118	637	271	1487	13437

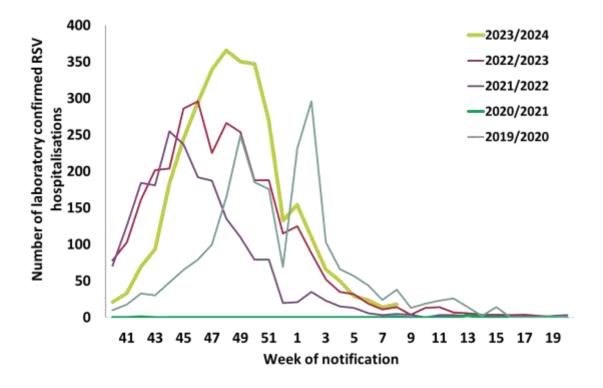


Figure 17: Number of notified **RSV** hospitalised cases notified, by week of notification and season, for the 2019/2020 to 2023/2024 seasons. *Source: Ireland's Computerised Infectious Disease Reporting System.*

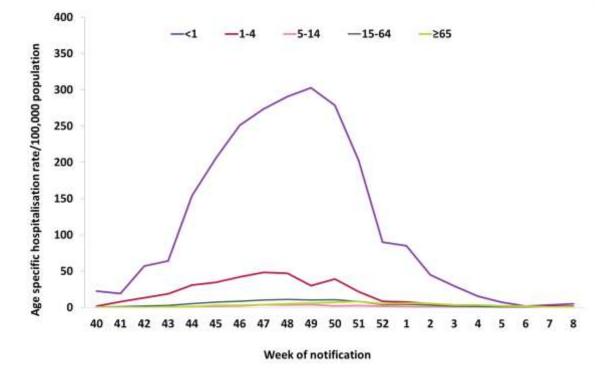


Figure 18: Age specific notification rates/100,000 population for laboratory confirmed **RSV** hospitalised cases notified by week of notification for the 2023/2024 season. *Source: Ireland's Computerised Infectious Disease Reporting System*

Influenza Surveillance Report

Table 10: Number, percentage and rate per100,000 population of notified laboratory-confirmed RSV hospitalisedcases notified in week 8 2024 and the 2023/2024 season (week 40 2023 onwards). Source: Ireland's Computerisedinfectious Disease Reporting System

1000		Hospitalised (Week 8)		Seaso	n to date (Week 40 2023 - V	Veek 8 2024)
Age (years)	Number	% of all Hospitalisations	Rate/ 100,000 population	Number	% of all Hospitalisations	Rate/ 100,000 population
<1	3	16.7	5.2	1393	43.4	2410.2
1-4	4	22.2	1.7	876	27.3	368.7
5-14	3	16.7	0.4	184	5.7	25.7
15-24	1	5.6	0.2	28	0.9	4.3
25-34	0	.0	0.0	31	1.0	4.9
35-44	0	.0	0.0	38	1.2	4.8
45-54	0	.0	0.0	48	1.5	6.7
55-64	1	5.6	0.2	91	2.8	15.7
≥65	6	33.3	0.8	521	16.2	67.1
Total	18	100	0.3	3210	100	62.3

Table 11: Number of notified laboratory confirmed **RSV** cases by patient type and week of notification, 2023/2024season (week 40 2023 onwards). Source: Ireland's Computerised infectious Disease Reporting System

				Patient 7	Гуре			
	GP Patient	ED patient	Hospital Inpatient	Hospital Day Patient	Hospital Outpatient	Other	Unknown	Total
Week 8	4	11	18	0	0	2	8	43
Week 7	6	12	14	1	0	1	13	47
Week 6	7	17	24	1	3	0	8	60
Week 5	3	20	29	2	1	1	20	76
Week 4	16	55	50	3	7	6	18	155
Week 3	18	61	66	2	9	26	29	211
Week 2	14	115	109	7	10	12	36	303
Week 1	17	146	154	10	14	16	107	464
Week 52	7	140	133	7	5	17	34	343
Week 51	33	266	270	8	13	9	72	671
Week 50	33	327	348	6	33	12	39	798
Week 49	26	345	350	8	19	9	68	825
Week 48	20	490	366	11	15	11	72	985
Week 47	14	285	340	3	19	17	52	730
Week 46	7	260	294	8	8	1	37	615
Week 45	7	167	245	5	6	2	22	454
Week 44	6	216	183	3	11	3	10	432
Week 43	2	74	94	0	4	2	21	197
Week 42	2	32	69	2	1	6	8	120
Week 41	1	23	33	1	1	1	7	67
Week 40	1	15	21	1	2	0	3	43
Total	244	3077	3210	89	181	154	684	7639

7. Intensive Care Surveillance

The Intensive Care Society of Ireland (ICSI) and the HSE Critical Care Programme conducts enhanced surveillance (established during the 2009 pandemic), on all intensive care patients with laboratory confirmed influenza. HPSC processes and reports on this information on behalf of the regional Directors of Public Health/Medical Officers of Health.

- Three laboratory confirmed influenza cases (all influenza A (not subtyped)) were admitted to intensive care units (ICU) and notified to HPSC during week 8 2024.
- Eighty-eight influenza cases all influenza A (25 A(H3), 12 A(H1)pdm09 and 51 A (not subtyped)) ICU cases have been notified for the season to date (weeks 40 2023- 8 2024).

Table 12: Cumulative number and age specific rate per100,000 population of laboratory confirmed notified influenza hospitalised and intensive care cases, week 40 2023 – week 8 2024. *Source: Ireland's Computerised infectious Disease Reporting System*

Age-group		Hospitalised	Admitted to ICU				
(years)	Number	Rate/100,000 population	Number	Rate/100,000 population			
<1	96	166.1	2	3.5			
1-4	366	154.0	3	1.3			
5-14	388	54.1	4	0.6			
15-24	133	20.6	3	0.5			
25-34	189	30.1	4	0.6			
35-44	214	34.1	4	0.5			
45-54	166	23.3	13	1.8			
55-64	286	49.3	17	2.9			
≥65	1470	189.4	38	4.9			
Total	3308	64.2	88	1.7			

8. Mortality Surveillance

Influenza deaths include all deaths in notified influenza cases. HPSC receives daily mortality data from the General Register Office (GRO) on all deaths from all causes registered in Ireland. These data have been used to monitor excess all-cause and influenza and pneumonia mortality as part of the influenza surveillance system and the European Mortality Monitoring Project. Excess mortality analyses are corrected for reporting delays with the standardised EuroMOMO algorithm. Due to delays in death registrations in Ireland, excess mortality data included in this report are reported with a one-week lag time. These data are provisional due to the time delay in deaths' registration in Ireland. http://www.euromomo.eu/

- There were two deaths (both influenza A (not subtyped) in notified influenza cases reported to HPSC during week 8 2024.
- For the season to date (weeks 40 2023-8 2024), 124 deaths in notified influenza cases (28 A(H3), nine A(H1)pdm09 and 87 A (not-subtyped)).
- There was no excess all-cause mortality for the entire population reported for week 7 2024.

9. Outbreak Surveillance

In this surveillance report, ARI outbreaks refer to outbreaks of acute respiratory infection caused by pathogens other than influenza, SARS-CoV-2 or RSV. COVID-19 outbreaks are not included in this report; surveillance data on COVID-19 outbreaks are detailed on the HPSC website. <u>https://www.hpsc.ie/a-</u> z/respiratory/coronavirus/novelcoronavirus/casesinireland/

- During week 8 2024, 10 influenza outbreaks (seven nursing homes and three in acute hospitals) were notified to HPSC (Tables 13 & 14).
- One RSV outbreak in a nursing home was notified to HPSC during week 8 2024.
- There have been 262 ARI/influenza/RSV (excluding COVID-19) outbreaks notified to HPSC to date this season, comprising of 194 influenza outbreaks, 37 RSV outbreaks and 31 ARI outbreaks.

Table 13: Summary of influenza, RSV and ARI (influenza/RSV/SARS-CoV-2 negative) outbreaks by HSE Health Region during week 8 2024 and the 2023/2024 season (week 40 2023 – week 8 2024) *Source: CIDR*

HSE Health Region	Influenza		R	sv	ARI		Total	
	Week 8	2023/2024	Week 8	2023/2024	Week 8	2023/2024	Week 8	2023/2024
Dublin and North East	4	32	0	7	0	15	4	54
Dublin and Midlands	2	27	0	12	0	0	2	39
Dubin and South East	3	39	0	3	0	6	3	48
South West	0	26	0	1	0	4	0	31
Mid West	0	8	0	3	0	0	0	11
West and North West	1	59	1	9	0	6	2	74
Unknown	0	3	0	2	0	0	0	5
Total	10	194	1	37	0	31	11	262

Table 14: Summary of influenza, RSV and ARI (influenza/RSV/SARS-CoV-2 negative) outbreaks by outbreak setting during week 8 2024 and the 2023/2024 season (week 40 2023 – week 8 2024). *Source: CIDR*

C-ttin-	Influenza		RSV		ARI		Total	
Setting	Week 8	2023/2024	Week 8	2023/2024	Week 8	2023/2024	Week 8	2023/2024
Community hospital/Long-stay unit	0	17	0	2	0	3	0	22
Nursing Home	7	69	1	15	0	22	8	106
Hospital	3	61	0	10	0	0	3	71
Residential Institution	0	24	0	4	0	3	0	31
Childcare facility	0	2	0	2	0	0	0	4
Other settings	0	21	0	4	0	3	0	28
Total	10	194	1	37	0	31	11	262

10. International Summary

According to the <u>European Respiratory Virus Surveillance Summary</u>, in the WHO European region during week 7 2024 (including data up to 16/02/2024), influenza activity remains high but a decreasing trend was observed since week 5 2024; all three influenza virus types/subtypes - A(H1)pdm09, A(H3) and B - are co-circulating, with a dominance of A(H1)pdm09 viruses in most countries, and A(H3) also dominant or co-dominant in a small number of countries. During the 2023/2024 season, RSV activity began increasing around week 41, reaching a peak in week 50 followed by a decreasing trend, although in recent weeks a mixed epidemiological picture has been observed, with increasing and decreasing trends at the national level. RSV continues to have the greatest impact among children aged 0–4 years.

As of 4th February 2024, WHO has reported that globally influenza detections decreased but detections remain elevated in parts of the temperate Northern hemisphere. In the countries of North America, influenza detections remained elevated, but some indicators showed a decreasing trend. Influenza A(H1N1)pdm09 viruses predominated among the detections in the countries of North America. In East Asia, influenza activity remained elevated but is decreasing overall. Influenza activity remained elevated in the Central American and Caribbean countries in sentinel surveillance with detections of predominantly influenza A(H1N1)pdm09 in the Caribbean followed by influenza A(H3N2) viruses, while influenza A(H1N1)pdm09 was predominant in Central America followed by B/Victoria lineage viruses. In tropical Africa, influenza detections remained low in most reporting countries with a few exceptions and influenza A(H3N2) viruses predominated.

See <u>ECDC</u> and <u>WHO</u> influenza surveillance reports for further information.

11. WHO recommendations on the composition of influenza virus vaccines

The WHO vaccine strain selection committee recommends that quadrivalent egg-based vaccines for use in the 2023/2024 northern hemisphere influenza season contain the following:

- an A/Victoria/4897/2022 (H1N1)pdm09-like virus;
- an A/Darwin/9/2021 (H3N2)-like virus; and
- a B/Austria/1359417/2021 (B/Victoria lineage)-like virus; and
- a B/Phuket/3073/2013 (B/Yamagata lineage)-like virus.

https://www.who.int/news/item/24-02-2023-recommendations-announced-for-influenza-vaccine-composition-for-the-2023-2024-northern-hemisphere-influenza-season

• Further information on influenza is available on the following websites:

 European respiratory virus surveillance summary https://erviss.org/

 Europe – ECDC
 http://ecdc.europa.eu/

 UK Health Security Agency
 http://www.gov.uk/government/collections/weekly-national-flu-reports

 United States CDC
 http://www.cdc.gov/flu/weekly/fluactivitysurv.htm

 Public Health Agency of Canada http://www.phac-aspc.gc.ca/fluwatch/index-eng.php

- Influenza case definition in Ireland https://www.hpsc.ie/a-z/respiratory/influenza/casedefinitions/
- COVID-19 case definition in Ireland <u>https://www.hpsc.ie/a-</u> z/respiratory/coronavirus/novelcoronavirus/casedefinitions/
- Avian influenza overview May August 2020 <u>https://www.ecdc.europa.eu/en/publications-data/avian-influenza-overview-may-august-2020</u>
- Avian influenza: EU on alert for new outbreaks https://www.ecdc.europa.eu/en/news-events/avian-influenza-eu-alert-new-outbreaks
- Information on COVID-19 in Ireland is available on the HPSC website https://www.hpsc.ie/a-z/respiratory/coronavirus/
- The WHO categorised COVID-19 as a pandemic on 11 March 2020. For more information about the situation in the WHO European Region visit:
 - o WHO website: https://www.who.int/emergencies/diseases/novel-coronavirus-2019
 - ECDC website: https://www.ecdc.europa.eu/en/novel-coronavirus-china

Further information on influenza in Ireland is available at www.hpsc.ie

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